262
131
10K

soleus

MODE	MODE	SET (EL Light)	START/LAP	STOP	VIEW
Time (TIME)	- Change to RUN Mode	- Hold to set	- Button chime ON/OFF	- Scroll thru T1/T2/Both - Hold to select Time	-
Time Setting	- Select digit to adjust	- Exit setting mode	- Adjust setting up - Hold to adjust quickly	- Adjust setting down - Hold to adjust quickly	-
Chrono (RUN)	- Change to DATA mode	- Hold to set PACE - Hold to reset	- Start/ Lap	- Stop - Hold to save	- Convert display
Chrono PACE Setting ***Available on 262/131 only**	- Select digit to adjust	- Exit setting mode	- Turn PACE ON/OFF - Adjust setting up - Hold to adjust quickly	- Adjust setting down - Hold to adjust quickly	-
Data (DATA)	- Change to TIMR mode	- Hold to delete selected run - Continue holding to delete all runs	- Select RUN - Scroll RUN data	- Scroll RUNS	-
Segment Timer (TIMR)	- Change to ALRM mode	- Hold to reset - Continue holding to set	- Start	- Stop	-
Segment Timer Setting	- Select digit to adjust	- Exit setting mode	- Adjust setting up - Hold to adjust quickly	- Adjust setting down - Hold to adjust quickly	-
Alarm (ALRM)	- Change to TIME mode	- Hold to set	- Turn selected alarm ON/OFF	- Scroll ALARMS	-
Alarm Setting	- Select digit to adjust	- Exit setting mode	- Adjust setting up - Hold to adjust quickly	- Adjust setting down - Hold to adjust quickly	-

* Press and hold MODE in any mode to warp back to TIME mode