



Running Warehouse Men's Foot Sizing Chart



12" —

11" —

10" —

9" —

8" —

7" —

Consider
**WIDE
WIDTH**
if your
LEFT FOOT
occupies this
grey area.

HT INSTEP LINE

16	_____	16

15	_____	15

14	_____	14

13	_____	13

12	_____	12

11	_____	11

10	_____	10

9	_____	9

8	_____	8

7	_____	7

6	_____	6

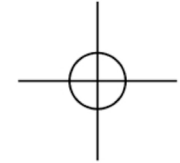
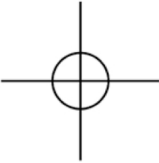
5	_____	5

4	_____	4

Consider
**WIDE
WIDTH**
if your
RIGHT FOOT
occupies this
grey area.

FT INSTEP LINE

Use register marks
to align 8.5" x 11"
printouts.



Use register marks
to align 8.5" x 11"
printouts.

7" —
6" —
5" —
4" —
3" —
2" —
1" —
0" —

Use inches to verify
printout accuracy.

RIGHT IN

LEFT IN

MEN
PLACE HEEL
HERE



FIND YOUR SIZE

Align your heel with the solid line at the base of the chart. Keeping your weight on your foot, relax your toes. The line that touches your longest toe indicates your size. The shorter lines in between the numbered lines indicate half sizes. Since many people have feet of different sizes, it's important to measure both feet. You should purchase shoes in the larger of your two sizes.

FIND YOUR WIDTH

When measuring your right foot, align your instep with the solid line on the left side of the chart. If the outside of your right foot reaches the grey area on the right, consider a wide width. Repeat with your left foot: align your instep with the solid line on the right side of the chart. If the outside of your left foot reaches the grey area on the left, consider a wide width.